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10 February 2015

## Principal's Report

What a great start to the new school year we have had at Urangan SHS. With just under 500 new students it has taken a marvellous effort from all our staff to ensure a smooth and successful commencement to 2015. I would like to welcome all our new families particularly those in Year 7 and 8.

I would like to take this opportunity to briefly introduce myself to the school community and to tell you that I am very excited about the chance to be Principal at Urangan State High School. Over the past 15 years I have had the opportunity to work in school leadership positions. Since 2008 I have been at Chancellor State College on the Sunshine Coast. At Chancellor, I was fortunate to work as Principal of the Secondary Campus at various times between 2008 - 2013 and in 2014 as Executive Principal of the College.

The school's vision is very clear – *"Pursuing excellence – every minute, every day."* What that looks like might be different for each individual but what will be common is expectation of HIGH STANDARDS. High standards in and out of the classrooms, in all aspects of schooling. To achieve high standards positive partnership between parents, students and the school are essential. I look forward to engaging the Urangan community, as we work towards ensuring that the children in our care receive the best opportunities available to them.

2015 will see a continuation of the great work that has been ongoing at Urangan over the past number of years. The school priorities in our Annual Implementation Plan will continue to be:

- Curriculum Development
- Developing Professional Practices and Student Engagement
- Student Achievement.

## Last week we had the opportunity to acknowledge our school leaders for 2015. Congratulations to:

Senior School Captains – Tiahna Cooper and Jack Mason  
Senior Vice Captains – Danielle Gould and Daniel Ryan  
Junior School Captains – Allanah Dobberman and Levi Matthews

Junior Vice Captains – Destiny Farrell and Peter Kuzmanovic

## Also acknowledged at our ceremony were our House Captains for 2015:

### Baler House –

Senior – Hannah Knilands and Joshua Whittaker  
Junior – Grace Eadie and Isaac Douma

### Cowrie House –

Senior – Jessica Instone and Matthew Verbruggen  
Junior – Stacey Dilworth and Byron Love

### Triton House –

Senior – Jerrica Rubinett and Bradley Jones  
Junior – Hope Koulouvi and Kurt Landers

I look forward to working with all our leaders throughout the year in the "Pursuit of Excellence" at Urangan SHS.

## Glen Robinson - Acting Principal

## Junior Citizen of the Year – Denya Hopkins

Denya Hopkins is a leader of tomorrow. The Year 10 Urangan State High School student has a passion and interest in her community, especially ensuring that the voices, concerns and ideas of Fraser Coast youth are heard. She has been a member of the Fraser Coast Youth Advisory Council since starting high school and participated in surveying youths about their ideas to improve Hervey Bay and boost support for programs such as Clean Up Australia Day.

She has also participated in the Premier's ANZAC Day ceremonies, the Kokoda Track Challenge, the Urangan State High School promotion video, represented Year 9 at Awards Night and is a Chinese Exchange Student buddy.

Denya is now a Fraser Coast Youth Ambassador which is a new youth advisory council where she will promote, advocate and encourage her peers to become more involved in the community. She can speak fluent Chinese, which she learned at school, and recently won first place in the Queensland Chinese Speaking Competition.

Her aims for the future are to study law or become a criminal psychologist.



*Denya receiving her Junior Citizen of the Year Award*

## Interhouse Swimming Carnival

Urangan State High School will stage its annual interhouse swimming carnival on Friday, February 13 at the Hervey Bay Aquatic Centre.

All students are required to meet at the pool. Students are able to walk, ride or be dropped off at the pool. In addition, if your child travels via bus to school, there will be bus transportation departing the school to the pool and returning to school at the conclusion of the carnival in time for buses home. These students will be provided with a coloured wristband for identification purposes in regards to bus travel. Students may also pick up a wristband from Mr Austin throughout the day if they require a lift back to school but were dropped at the pool in the morning.

Staff will be waiting at the Aquatic Centre and will collect \$2 per student upon entry. Form class rolls will be marked at 8:45am. Carnival activities are scheduled to begin at 9:00am. Activities on offer include:

- house war cries
- mass swim for house points
- 50m races in butterfly, backstroke, breaststroke and freestyle
- freestyle relays in year levels
- all age mixed freestyle relay

Students are allowed to wear their house colours to the pool. (Baler in Purple, Cowrie in Yellow and Triton in Green). **Please note that body paint and crepe paper are not permitted in the pool complex.** Normal school rules will apply regarding student behavior. Any students not abiding by these conditions will be sent back to school with a member of school administration.

Students are advised to bring their own food and drinks to the carnival, although a canteen will operate at the pool on the day selling a variety of food and drink.

Please note, sunscreen will be provided by staff for use throughout the day, however, it is expected that students will manage themselves in terms of Sun Safety.

**All phones, iPods, speakers and other relevant personal items are the responsibility of the student. USHS staff will not be held accountable for loss or theft of these items.**

Once students arrive at the pool they are in attendance for the day. Students will not be permitted to leave to get lunch or if they want to go home. If students are required to leave for official reasons, it is required that a parent / guardian collect a sign out slip from Urangan SHS administration and bring it to the pool for staff at the front gate. Your child will be announced on the PA and may proceed to the front gate.

Please feel free to contact Mr. Ben Austin on 4197 0111 if you have any further questions regarding the swimming carnival.

**Shane Bird - HOD Sport and HPE**

## Year 10 to 11 Information Night

There will be an Information Night for the families of year 10 students on Wednesday 4th March in the Performing Arts Block. There will be two sessions held at 5pm and 6:30pm.

Information will be provided about SET plans, future pathways, QCE, subjects, work placement and much more. **It is essential information night for both parents of and students currently in year 10.**

More information will be provided by mail next week as well as our website and Facebook.

**Andrew Rye - HOD Senior Schooling**

## English Tutorials 2015

English tutorials will run again this year. This term we start with the basics: improving students' understanding and use of punctuation, tense and word functions. Weeks 4, 5 and 10 will be dedicated to assessment. So if students require one-on-one help on their English assignments, they should attend tutorials during these times. Tutorials are free and run from 3-4pm in GC02 every Wednesday afternoon.

## Junior Secondary Information

We hope our Year7 and 8 students have enjoyed their transition to high school. All parents and guardians are invited to our upcoming welcome afternoon; we would love to see you there. An invitation will be arriving home with your child but some of the details are as follows:

### New parent welcome night

**When:** Tuesday 24th Feb

**Time:** 4.15pm -5.30pm

**Where:** Year 7 block (GD Block)

A sausage sizzle will be provided and drinks will be available for sale.

### Hats

Students need to bring their school hat every day. If your child forgets their hat, they are to come to student services before school to borrow a loan hat for the day. This hat must be returned at 3pm.

## Student Absences

If your child will be absent from school please inform the school by ringing our student absence line on **4197 0166**.

## Junior Tutorial Room

In addition to the subject specific tutorials for English and Maths, there is also a tutorial room available to junior students to attend to receive help with homework and assessment for most subjects. It is held in GD01 on Tuesdays 1st lunch, Wednesdays before school from 8am and Fridays 1st lunch. Computers are available in this room. There is no need to book, just turn up.

## Diaries

We recommend that all students have a diary so their timetables and homework details can be stored, and to help with their organisational skills. If they bring a phone to school it is also a good idea to get them to take a photo/scan of their timetable and the school map.

## Fun and Fitness

Our Dingoes Sports Academy is starting again next Tuesday, the 10th of February. All students are welcome to come down and join in for some free fitness. Training starts at 7:15am sharp in the gym. Bring a water bottle, towel and change of clothes. Training is held every Tuesday and Thursday.

If your child is into keeping fit they might like to register to participate in the 5km Hervey Bay Parkrun which is held each Saturday morning at 7am. For more details google 'Parkrun'. Participation is free.

## Clean Up Australia Day

Clean Up Australia Day will be held on the 1st of March. Information about how to be involved is included in this newsletter.

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## Uniform Shop

The Uniform Shop will be closed on Friday 13 February. It will reopen on Monday 16 February for all of your uniform needs. Opening Hours are 8:30am to 10:00am, Monday to Friday. All proceeds from the Uniform Shop go back to the school through the P&C. If your child has lost their hat and requires a new one, these are available through the Uniform Shop for \$10. Please find attached the price list and order form for the Uniform Shop.

## P&C AGM

The P&C AGM will be held on Tuesday 10 February at 7:00pm in the Boardroom of the Administration Building. If you would like to have a say in the education your child receives at Urangan High, then come and join the P&C. The AGM will be followed directly by the February General Meeting. Hope to

see some fresh faces as well as the current dedicated members there. For all enquiries, please do not hesitate in contacting Damien Symes (Secretary) on 4197 0204 or at [pandc@uranganshs.eq.edu.au](mailto:pandc@uranganshs.eq.edu.au).

## Canteen

Over the holidays the canteen has had a facelift with new paint, new walls, new equipment, new benches, new signs and some new staff. Please find attached a copy of the 2015 Term 1 Menu. Please note that there are some price increases due to cost of goods increasing. All proceeds from the sales within the canteen go back to the school via the P&C.

## Clean Up Australia Day

Clean up Australia Day will be held on Sunday 1 March. Urangan High has registered a team to clean up the foreshore and bike path from the Marina to the Pier. If you would like to register as a volunteer and come along on day to help, please go to <http://www.cleanupaustriaday.org.au/Urangan+Foreshore> to register. We will be meeting in the car park outside Cafe Balaena at 8:00am. If you would like to just come along and help without registering, please email Damien Symes (Activity Organiser) at [dsyme9@eq.edu.au](mailto:dsyme9@eq.edu.au). There will be a Sausage Sizzle provided for all participants at the Pier once we have all completed the clean at approximately 10:30am. Please wear a hat and sunscreen as there will be moments you are in the sun. Latex gloves will be available, however if you would like to provide your own gloves, please feel free. Please contact Damien Symes if you have any further questions on 4197 0111.

## Acoustic Night

It's that time of year again....that's right it's ACOUSTIC NIGHT! Coming up on the 12th of March, students from Urangan State High School from year 7-12 will be showcasing their talent up on the big stage playing 'acoustic' instruments. The performances will start at 6:30pm in the PA. Prices are \$5 per ticket or \$12 for an immediate family and there will be lucky door prizes on the night! We would love to see you there supporting the performers!

## Focus on Art



*Leaf Print - Valeria Lehner, Year 11*

## Women in the Navy

Defence Force Recruiting's Specialist Recruiting Team – *Women in the Navy* – is offering an exclusive tour for females

interested in a **technical trade career** in the Navy to see first-hand some of the systems that are used to operate a Navy ship. This activity will give young females the opportunity to meet and talk with sailors from the Royal Australian Navy about their time in the Navy and the great opportunities available in technical trades.

**Date:** Monday 23rd February 2014

**Time:** 9.30am – 3.00pm

**Location:** Queensland Maritime Museum, Southbank

**Transport:** Own means.

Morning tea and lunch are provided. Please note to be eligible to attend a participants must be of 16 years or older and obtained a pass in year 10 English, Maths and Science.

RSVP: [abullock@dfr.com.au](mailto:abullock@dfr.com.au) by close of business Tuesday 17th February 2015 – spaces are limited.

## Parenting Tips

Parenting can be fun, exciting and logical. It often depends on the parenting experience and training. If ever in doubt about parenting, enrol in a parenting class. Parenting classes prepare parents to make rational, logical choices and consequences.

When a child misbehaves, it is far less stressful when you have the skills to deal with any inappropriate behaviour. It helps to have logical consequences in mind before the issue appears. There is no need for hitting, threatening or name calling. Managing inappropriate behaviours can and should be dealt with in a professional manner. Always stop, think and CALMLY deal with the situation. Anger or any emotion is fine; it is the violence, name calling or threats directed toward a child that is unacceptable.

Think of any situation that does not include violence (name calling, refusal to follow directions, etc.), if the parent does not already have a logical consequence in mind, then calmly take the time to think of one. The child will be waiting in anticipation for what will be decided.

For example: What you could do if you want your child to stop name calling.

1. As a parent, it is time for a discussion on bullying and how name calling can hurt feelings and won't be tolerated. The discussion might include other forms of bullying, the effects and possible consequences. At the same meeting it would be good to decide on consequences that everyone agrees is fair and deserving.
2. If the name calling persists, simply FOLLOW THROUGH with the consequence decided and agreed upon at the meeting.
3. Following through is most important, false threats will soon fall on deaf ears. Consequences should always be logical if possible (i.e. consequence that are related to the behaviour). If that is not possible, decide on a consequence that affects the child's thinking. It is one of our jobs to help the child change their way of thinking and to change their way of behaving Example of some consequences might include: removing technology (computer, Facebook,

iPhone, etc.), don't allow the child to watch a favourite television show or visit a friend.

Consequences are best delivered immediately. Giving a consequence for more than 48 hours can be detrimental and ineffective.

There are an infinite number of consequences for naughty behaviour a parent can utilise if aware.

When you deal with inappropriate behaviours in a calm rational manner, your child will continue to respect and follow your directions.

**Mannly Dubroy - Guidance Officer**

## Community News

### Hervey Bay Hockey Sign On Day

**Hervey Bay Hockey Association 2015 hockey sign on day for juniors is as follows:**

**Date:** Sunday 8th February 2015

**Time:** 10 am - 12 noon

**Venue:** McFie Park corner Tavistock and Colyton Streets Torquay

Water slide and sausage sizzle available.

Please direct all enquiries to Jason on 0422 815 222.

## OzTag

Our season starts Monday 9th February. There will be 7 rounds over 7 weeks on Mondays and then the final three rounds will be played as a "Super Sunday" on 29 March including Finals. This means the season will be finished before the Easter break.

Thirty minute games will be played from 4pm to 6pm. The games are played from the youngest age group to the oldest for male and female children aged 5 to fifteen. The teams are generally separated into girls and boys, however some teams do nominate as a mixed team.

The cost is \$80 for registration and \$25 for oztag shorts. There are no game fees. The games are held at Seagulls Rugby League Club, Bideford Street Torquay.

Children can be signed up online via the link on our webpage [www.herveybayoztag.com](http://www.herveybayoztag.com) or they can come along to our sign on day on Tuesday 3rd February from 4pm until 6pm at Seagulls.

## Hervey Bay Catholic Parish Youth Ministry Team

**Who:** Year 7 and above

**When:** Sunday 15th 6pm - 8pm

**Where:** John Paul Centre (next to the Catholic Church)

**BYO:** Plate of food to share

This is an active group in our faith community and we are always looking for new members to add to our vibrant meetings. If you would like to know more information about this group please email myself, Carmel Donnelly on [cjdonnelly@bne.catholic.edu.au](mailto:cjdonnelly@bne.catholic.edu.au) or contact me on my mobile 0448488443 or Contact Xavier Catholic College 41971177.