Principal’s Report

Current Enrolments

The current enrolments for Urangan State High are as follows:

<table>
<thead>
<tr>
<th>Year</th>
<th>Enrolments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 8</td>
<td>312</td>
</tr>
<tr>
<td>Year 9</td>
<td>316</td>
</tr>
<tr>
<td>Year 10</td>
<td>332</td>
</tr>
<tr>
<td>Year 11</td>
<td>315</td>
</tr>
<tr>
<td>Year 12</td>
<td>300</td>
</tr>
<tr>
<td>Total</td>
<td>1575</td>
</tr>
</tbody>
</table>

P&C Association

It would be ideal if more parents could join the Parents’ and Citizens’ Association to become a little more involved in the school decision making and their children’s education.

Upcoming Events

Check the school calendar attached to this newsletter for details of upcoming events, meetings and excursions.

Sonic Hoolihans Performance

The culmination of the school Sonic competition is the performance evening at Hoolihans restaurant. This has become a special event where the Urangan High community meet for dinner and support the young musicians as they entertain in a real-life venue. The standard of talent was excellent and the audience most appreciative.

Year 12 Formal

Ms Nikki Morris has a number of staff and students assisting with the planning for the 2014 formal. A summary of the end of year events will be prepared in the next couple of weeks to send home to parents and guardians.

Year 12 QCS

It is an interesting time trying to keep the year 12’s focussed on their assessments whilst exciting events are more fun to ponder. If parents are concerned about how their child is coping with the pressures of year 12, do not hesitate to make contact with the relevant House Managers, either Ms Young or Mrs Whitehead.

Linda Buxton - Acting Principal

The QCAA Guide for Parents link is:

http://uranganshs.eq.edu.au/
Junior Parent/Teacher Interviews

Parent/Teacher interviews for students in years 8, 9 and 10 will be held on Wednesday September 3 from 3:30pm to 7pm in the school resource centre. A text message will be sent to parents/guardians next week advising when they are able to phone the school to make appointments.

English Tutorials

Normal tutorial sessions will continue to run each Wednesday afternoon from 3-4pm in GC02. Anyone is welcome to turn up to these tutorials. The topics covered for the rest of the term will be as follows:

- **Week 6** – Proofreading and editing your work
- **Week 7** – Grammar games
- **Week 8** – No tutorials due to Parent/Teacher interviews
- **Week 9** – Assessment help
- **Week 10** – Short stories: creative writing

If students require help for a specific assessment task, they need to place their name and details on the sign-up sheet (which is in the English staffroom) by Tuesday afternoon.

It’s Science Week!

‘Food for our future: science feeding the world’ is this year’s theme for National Science Week. Science plays an essential role in food production and is important all the way through to preparing meals in the kitchen. Urangan SHS students have been participating in a number of activities in the lead up to Science Week, learning about a range of topics and extending their experiences in Science.

Students studying Physics had the opportunity to experience a lecture, presented by the Australian Institute of Physics, at USQ. This lecture was delivered by Professor Paul Meredith, who is Professor of Materials Physics at the University of Queensland. He is currently an ARC Discovery Outstanding Research Award Fellow, co-director of the Centre for Organic Photonics and Electronics, Interim Director of UQ Solar and also leads the Global Change Institute Renewable Energy Focal Area. The lecture focussed on Plastic Semiconductors and discussed the future of sustainable electronics.

Our year twelve Biology students attended ‘Mouldy Murder’ at USQ. The workshop involved teams of students undertaking experiments in genetics and biotechnology based around a forensic science investigation. The goal of this workshop was to expose students to advanced biotechnology techniques. USQ scientists who use modern molecular techniques in their research facilitated the workshops.

Expert academic, Professor Lindsay Brown, and his associate Dr Sanil Panchal from the University of Southern Queensland presented a workshop to the year eleven biology students. Professor Lindsay Brown discussed tropical diseases with the students, including malaria, leprosy and those caused by various worms. The pictures were not for the faint hearted or those with weak stomachs! He also challenged students thinking by presenting situations where the law and ethics do not align.

Dr Sanil Panchal spoke about the liver and how it can become diseased. He highlighted that the liver can be unwell without a person realising and how critical our lifestyle choices are when it comes to maintaining a healthy liver. Finally, the gentlemen discussed some of their current research into using the chemicals in different foods, such as strawberries and onions, to reverse damage caused to the liver and heart by obesity. The seminar provided the students an excellent opportunity to engage with industry professionals.

Biology students in years ten and eleven were fortunate to receive a visit from local scientist and member of the Burram River Group, Dr Tim Thornton. He delivered a workshop on mangrove ecology, focussing on local mangrove ecosystem diversity and specific ecological concerns of the local area. Students were also able to ask about a range of topics related to biology, which was an enriching experience and piqued their interest in scientific research and development.

Many of our students in the senior science subjects of Physics, Chemistry and Biology have entered the Science Research Awards, which will be held at Xavier Catholic College, on Thursday 21st August. Our students participated in an internal USHS judging session, where a number of other students and staff were able to view their entries, and learn about their extended experimental investigations through discussions with the entrants.

On Friday 22nd August, Sandy Strait State School year six students will be working with our year eight ACE Science students in ‘hands on’ practical activities. They will be making slimy goo and mini lava lamps, amongst developing their scientific skills as part of our Science Extension program for junior secondary.

National Science Week is also asking citizen scientists to help identify historical weather records from ships’ logs in order to better understand weather patterns and improve the models our weather forecasts are based on. It’s a great way for everyone to get involved.

For more information go to: http://www.scienceweek.net.au/.
Sports News and Results

State Cross Country: 20th – 21st July, Toowoomba

Urangan SHS recently had three students represent Wide Bay at the State Cross Country Championships in Toowoomba. Brandi Alberts finished 34th, Kurtis Hare finished 48th and Vincent Green finished 42nd in their respective age groups. It’s a great achievement to represent the school and region against the best school aged Cross Country runners in the State. Well Done! These students, among many others, will be recognised and presented with awards at the Annual Sports Dinner on Wednesday 29th October.

Athletics

The annual school inter-house Athletics Carnival was held on 22nd and 23rd July. Fine weather ensured two fun filled days of athletic events. Many students got into the house spirit with a great variety of interesting and colourful outfits. As usual, there were those highly competitive athletes seeking to be Age Champion as well as those participating just for the fun of it and also obtaining some points for their House. Congratulations and thanks to all of the students who attended. The standard of participation, behaviour, attitude and respect over the two days was excellent. We must congratulate the Champion House and Age Champions. In a very close competition Baler House (2069 points) took out overall honours and Athletics Champions with a narrow 19 point win over Cowrie (2050 points), with Triton (1862 points) in 3rd place. Below is a list of Age Champions and Runners Up.

Age Champions

<table>
<thead>
<tr>
<th>AGE</th>
<th>GIRLS</th>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Champion</td>
<td>Runner-up</td>
</tr>
<tr>
<td>13</td>
<td>Holly Blucher</td>
<td>Gracie Eadie</td>
</tr>
<tr>
<td>14</td>
<td>Steffi Miller</td>
<td>Sage Smith</td>
</tr>
<tr>
<td>15</td>
<td>Rose Robe</td>
<td>Tarley Leahey</td>
</tr>
<tr>
<td>16</td>
<td>Gabbi Wilcox</td>
<td>Ashleigh Delosa</td>
</tr>
<tr>
<td>17</td>
<td>Celine Cull</td>
<td>Mikha Bryen</td>
</tr>
<tr>
<td>OPEN</td>
<td>Zayla Arthur</td>
<td>Sharon Raatila</td>
</tr>
</tbody>
</table>

The USHS Athletics team will now compete at the Fraser District Athletics carnival on Wednesday 20th and Thursday 21st August at Tinana Athletics Club. Students will be vying for individual selection into the Fraser District Athletics team and Urangan SHS will be trying it’s best to win one of the inter-school trophies. Best of Luck to all involved, may you run fast, jump long, jump high and/or throw far!

Urangan SHS Dingoess Sports Academy

Students and families are reminded that the Dingoess Sports Academy is continuing to run each Tuesday and Thursday morning from 7:15am. Students meet at the school gym. During the colder months there was a decrease in attendance numbers but with the weather warming up, it’s a great time to get back into some physical activity.

- Tuesday mornings – General Fitness
- Thursday mornings – Sports Specific training and/or General Fitness.

Showers are available for use after training and the school Breakfast Program is also available on these days.

Urangan SHS Sport on Facebook

Just a reminder that Sport at Urangan High has its own Facebook page. Like ‘Urangan SHS Sport’ to get up to date information on school sporting events, results, cancellations and other details that may arise.

Amart Community Kickbacks

Don’t forget that you can support the school by shopping at Amart Sports. Under the Community Kickbacks program, the school earns 5% of your purchases at Amart Sports as in-store credit to spend on our school programs. If you are already a member, don’t forget to swipe your card when making a purchase. If you haven’t joined yet, all you need to do is join Team Amart at teamamart.com.au or select our school from the list of participating groups and swipe your loyalty card every time you make a purchase at Amart Sports. You’ll receive access to great member prices and other initiatives and the school will receive a 5% credit. Thanks for your support.

Kayla Worth - Sport Coordinator

Ikuno High visit

Urangan High has just finished hosting 20 students from Ikuno High School in Osaka, Japan. The students and 1 teacher visited our school from July 21 to August 2. They participated in specialised English lessons, visited Fraser Island and the Hervey Bay Discovery Sphere and went whale watching during their time here. At school they were involved in buddy classes, they cooked a meal for their host families and they participated in a friendly international basketball game against our Urangan High students.

This is the first study tour from Japan hosted by the school for many years and we look forward to expanding this program in the future. Our students gained an insight of the Japanese culture and had an opportunity to talk and communicate with the Japanese students of similar age.

Special thanks to all staff, student buddies and host families involved. Their participation enabled the visit to be a huge success, our visitors were very impressed with our school and the hospitality provided throughout their visit.
Year 8 QAMT Maths Quiz

Our two year 8 Maths quiz teams participated in the District QAMT competition on Monday 11th August. The competition included teams from the Wide Bay district, with Maryborough SHS, Aldridge SHS, St Mary’s College, Xavier College, St James College and FCAC represented on the night. Despite limited preparation, Urangan SHS Team 1 scored a very creditable third place against impressive competition. Our second team finished in the middle of a field of 13 teams.

Urangan SHS Team 1 included Stacey Smith, Kane Michaluk and Levi Matthews. Our second team included Blair Kertland, Emily Greaves and Saphron Brookes.

The students would like to thank Mr Deighton and Mr Waters for assisting with their preparation for the event. We would also like to thank Mr Rye and Mr Manttan for stepping up to the mark and assisting with preparing and judging on the evening. Many thanks also go to Mrs Dani Wright and her team of teachers from Xavier College for hosting the event and arranging the competition. Finally, thanks to the parents who were able to assist with transport to and from the event. Urangan SHS Team 1 has an invitation to attend the District final in Bundaberg on Thursday, 21st August. We wish them the best of luck for the next hurdle.

SEP Sports Day

This year, Urangan State High School’s Special Education Program held the inaugural SEP Sports Carnival for 2014. A sports carnival with a difference was two fun filled days with some tough competition between the school houses Baler, Triton and Cowrie. The carnival commenced with ‘welcome to country’ presented by Daleesha Gala, the national anthem sung by Zac McDonnell and opening address by Mrs Anson.

The house spirit from all teams was amazing, with students and teachers dressing up, decorating team areas and chanting House war cries. All house team members banded together during the fiercely competitive two day event which saw Cowrie declared the winner. Michael Etchell was presented with the Best All-rounder award and Jake Soden was awarded the Best Sportsman trophy. Rebekah Clayton received the Best Dressed award.

The SEP would like to extend a special thank you to all of the families who took the time to come and support their children during the sports event. A big thank you to the teaching staff who went above and beyond to create such a successful day for all of the students.

Second-hand Uniforms

If you have any second-hand uniforms at home that are in good condition please consider donating them to the school. The school has a stock of donated items that are provided to students in emergency situations. However, we need to boost our stock, in particular shorts and approved skirts. If you are able to donate any uniform items it would be greatly appreciated.

Come Dine with Me

National Asthma Week

National Asthma Week will be held from September 1st to 7th 2014. Did you know that over 2,000,000 Australians have Asthma? In 2011-2012 there were 38,681 hospitalisations where asthma was the principal diagnosis. That’s 0.4% of ALL hospitalisations. There were 394 deaths due to Asthma in 2012. $655 Million was spent on Asthma in 2008-09. That’s 0.9% of all direct health expenditure on diseases. For more information about asthma please call 1800278462 or visit the website: www.asthmafoundation.org.au.

If your student has asthma, please ensure that a current ACTION PLAN, is completed, signed by your GP and submitted to Student Services as soon as possible.
Reggie Dabbs

“You can never change your past, but you can change your future!” Reggie Dabbs, Youth Motivational Youth Speaker, will be at our school on Tuesday 26th August during first break. This is Reggie’s 3rd visit to our school in 6 years. Come along and hear his inspirational story. During Reggie’s life time he has spoken to tens of thousands of school students in the USA and Australia. You will not be disappointed…you will be so inspired!

Snezana Petersen - School Chaplain

Medicine @ UQ

USQ Scholarships

An Invitation from the University of Southern Queensland

Announcing USQ Year 11 Early Bird Scholarships

The University of Southern Queensland is pleased to announce the availability of almost 30 cash scholarships to be awarded to students before the completion of their Year 11 studies. High grades and interest in areas of study will be considered in applications.

- 40 x $2,000 USQ Vice-Chancellor’s Merit-Based Scholarships

The Vice-Chancellor’s Merit-Based Scholarships allow students to progress to the next stage in university, as well as a generous cash grant. All students who receive a Vice-Chancellor’s Merit-Based Scholarship will receive guaranteed entry and will be considered for the Vice-Chancellor’s Merit-Based Scholarship.

- 5 x $10,000 USQ Future Leader Scholarships

These scholarships are offered in recognition of involvement in the school or wider local community through extracurricular activities, and are awarded to students who have made a positive impact on their peers and the wider community.

Closing date for applications: Friday 39 August 2014

Parenting Tips

If you make a statement and are greeted with something hurtful, sarcastic or disinterest – try NOT to respond with anger. Instead, show your vulnerability and hurt. Say, “ouch!” and turn away (before you give in to the temptation to lash out.) Your son or daughter will almost certainly feel badly about having hurt you, especially since you haven’t aroused their emotions by attacking back. Remind yourself that the remark was probably unintentional and that being close to your child is your priority.

Later, when you are no longer upset, use a light touch to tell your child how much you wanted to connect and you were hurt by their statement. Your child will probably apologise, and learn something about relating respectfully. If not, it’s an indication that your relationship needs some repair work, and a heart to heart is in order. Reaffirm how much you love your child and want to be close, as well as your commitment to a home where everyone treats each other with respect. Then ask what he or she thinks is getting in the way of a loving relationship between you.

PaCE

Positive Parenting

With Lyn Newton

For parents with kids aged 0 – 19

Do you want extra strategies to deal with your child’s behaviour?

Do you want the chance to share your knowledge with other parents?

PaCE invites you to join us for this 4-week course facilitated by Lyn Newton.

The course is run 1 day per week for 3 hours over 4 weeks, and will cover all of the topics that you want to know about!!

Parenting Tips and Resources available from the Guidance Officer.
Community News

OPEN DAY 2014
Join us and discover how we’re different!
THURSDAY 4TH SEPTEMBER
2PM - 3PM

WE OFFER OUR STUDENTS:
- An interactive and innovative education program
- Smaller student numbers in each class
- Personalised learning and support services
- Vocational Education Courses and work experience
- Mentoring activities to help re-engage students

RSVP BY 1ST SEPTEMBER ON (07) 4128 6199
Afternoon tea will be provided.
Enrolments now being accepted for 2015
Middle School: Years 6 - 9
Senior School: Years 10 - 12 (limited availability)
72 Nikenbah-Dundowran Road, Nikenbah QLD 4655
An outreach of Queensland Baptists

We want YOU!!
Juniors and Seniors

Its sign on time again at Harvey Bay Oztag.
Oztag is one of the fastest growing sports in Qld
Similar to Rugby League but without the tackling so it's
safe & fun for men, women & children of all ages, sizes & skill levels.
Enjoy lots of evasive running, kicking, tagging and try scoring!
So kids and parents, start getting your teams together now, or just
come and join a team with a friend or by yourself if you wish.
Juniors sign on for U6 boys and girls up to U15 boys and girls
are August 25th & 26th from 9.30pm until 7pm
Senior sign on for mixed, ladies and mens divisions
is September 2nd from 5.30pm until 7pm
Sign ons are at Seagulls Rugby League Club, Bideford St Torquay
For more info or to sign on online visit www.harveybayoztag.com
Or call 0414839340

GET TAGGED.......YOU’LL LOVE IT !!!

VOCAL COACHING
Wanting to learn to sing; whether young or old; but don’t know how to go about it; or what steps
to take?
“Don’t know if I am good enough!” syndrome.
I assure you the hardest part is committing to
“Yes, I am giving it a go!”
It’s fun from then on.
Don’t know who does vocal coaching?
You can ‘hold a tune’ but would like to learn
more to do with technique.
Perhaps it is something you haven’t done before
but would like to have a go.
Classes starting soon!
Come on, have a go! Do it for the enjoyment of it,
you never know what could come of it!
Phone Annette on 0408 716 646
For further information.

MISSION AUSTRALIA | together we stand

Driving your Future
Youth Training to Employment Initiative
Are you eligible for Government assistance and are between 15 - 24 years of age?
Would you be interested in training and getting help to find employment?
Would you like assistance to get your Driver’s Licence and personal development?
You could be eligible for free training under the Government’s Cert III Guarantee program.
Mission Australia may have the right opportunity for you, limited places available!

Please phone Troy on 0427 755 883 or Email: elswinton@missionaustralia.com.au
Health Industry Training

Health Industry Training is a not-for-profit Registered Training Organisation representing the professional interest of General Practice and Primary Health Care in Queensland. Health Industry Training is offering highly subsidised qualifications for parents who are interested in working within the health industry. At a cost of $320.00 for concession participants and $600.00 for non-concession participants, this will allow you to complete a nationally recognised qualification in Allied Health Assistance, Health Service Assistance, Health Administration, Community Services Work, Aged Care, Disability, Home and Community Care, Youth work, Aboriginal & Torres Strait Islander Health care and Health Support Services. For further information please call Health Industry Training on 1300 381 415

Rhee Taekwondo

Rhee taekwondo will be hosting two free trial lessons for beginners. Imagine being a black belt in one of Australia’s most popular martial arts! Become a leader amongst your peers as you cultivate stronger confidence and a healthy self-esteem. For more information visit the website: rhee.net.au or call 4124 7835 or 0404 747 413.

ATSIC Homework Group

Parents!!!

Do you get frustrated when helping your child with their homework?
Would you like a better understanding of your child’s maths and English?
Wish to learn about a fun and motivated environment??

If you want your child to strive to be the best they can be
THIS IS FOR YOU!!!

Introducing a study group with a difference
For Aboriginal and Torres Strait Islander students and their parents/carer
- Students and parents learning together in a relaxed environment
- Full access to computers for assignments
- Teachers on site to answer any questions

If you think this would be something for you and your student
Please give us a call
We are setting to start this group in Term 3 3rd July
We have a venue: UQ Library
Day: every Thursday afternoon
9 AM to 3 PM
Cost FREE
Light afternoon snack/coffee available
Transport available
Call Lea on 4265 3100
To register

Education is the most powerful weapon which you can use to change the world
- Nelson Mandela
PARENTS!!

Do you get frustrated when helping your child with their homework? Would you like a better understanding of your child’s maths and English whilst learning together in a fun and motivated environment? If you want your child to strive to be the best they can be, this is for you!

Introducing a study group with a difference for parents/carers and their students.

- Students and parents learning together in a relaxed environment
  - Full access to computers for assignments
  - Teachers on site to answer any questions

If you think this would be something for you and your student, please give us a call.

We would like to start this group in Term 3 (22nd July)

We have a venue: UQ Library

day: Every Monday afternoon

4pm to 5pm

Transfer available.
Call Lisa or Kriessi 43853100
to register.

Education is the most powerful weapon which you can use to change the world.

Nelson Mandela