Principal's Report

Year 12 Exams

The year 12 students are in the middle of their exam block and looking forward to the end of a very busy year. This group has had the support of their teachers, house managers and Andrew Rye, the Senior Schooling HOD, to help them achieve high academic results. I wish the students the very best of luck and thank the staff for their belief in each of the students.

Sports Dinner

The Health and Physical education team of staff and students staged a wonderful Sports Dinner at the Beach House on October 29th. The event was a fabulous celebration of student achievement and recognised the broad range of sporting events our school participates in. We are such a lucky school to have the talented staff who inspire the students to be involved at every opportunity.

Mini-Gig

Last Friday saw an extravaganza of artistic talent displayed for the community to enjoy. Musicians, artists, actors and dancers were in their element performing and showcasing the assessments from this semester. The feedback has been so positive and the staff are already planning what they might present in 2015. Boundless energy from the Arts faculty!

Fraser Coast Tourism and Business Awards

Urangan High entered the awards in the Education Provider of the Year section. The announcement was on Friday night that we were the winners for 2014. There were six entries and three finalists. Needless to say, the school community is very proud to be recognised for its achievements. Two staff members need special recognition for compiling the application. They are Liza Young and Andrea Powell. Thank you from everyone at Urangan High.

Gala Night

The instrumental music presentation night is tonight in the school performing arts block. Good luck to the musicians and thank you to the staff and students in the program. You are the workers who rehearse every week and perform at every request from the school.

U-Tech Farewell

The U-Tech staff and students are holding a farewell ceremony this Thursday at 12noon at the East Coast TAFE facility. Families and staff are welcome to attend to celebrate the success of this group of students as they prepare to transition to work or further study in 2015. The event has been organised by Donna Johnston, the acting HOD, and Kristen Hooper, the Work practices teacher. Many thanks to you for putting on this event.

Queensland Government child-safety reforms

The Queensland Family and Child Commission has launched a TV education campaign “Talking Families” to encourage parents and families to talk about the pressures of parenting and to seek help when needed. Information about the child safety reforms is available on the Stronger Families website: www.qld.gov.au/strongerfamilies

Year 12 Block Exams

Please find below the block exam period for Year 12 Higher Education students. Workforce students will be at school as normal during this time. Higher Education Students will not be
English Tutorials

A reminder to students and parents that normal tutorials will run during weeks 6 and 7 (12th and 19th of November). The focus of these sessions will be on understanding components of visual language and analysing filmic codes. Weeks 8 and 9 (26th November and 3rd December) will be devoted to assessment. Students are encouraged to bring their English assessment along to receive teacher guidance to complete and improve their work.

Bree Moyal - Head of English Department

Junior School Captains for 2015

As part of our commitment to the enhancement of our Junior Secondary program, Urangan State High School is pleased to announce the inclusion of Junior School Captains in 2015. It is our belief that these new roles will help foster a small school feel for students in our large school, and offer accessible support for our Junior Secondary students. In addition, in accordance with our School Motto, these new leadership opportunities encourage “the pursuit of excellence, every minute, every day”.

It is with both pleasure and excitement, we announce the Junior School Captains for 2015:

<table>
<thead>
<tr>
<th>School Captains</th>
<th>Female</th>
<th>Male</th>
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<tr>
<td>Baler House Captains</td>
<td>Gracie Eadie</td>
<td>Izac Douma</td>
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<tr>
<td>Cowrie House Captains</td>
<td>Stacey Dilworth</td>
<td>Byran Love</td>
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<tr>
<td>Triton House Captains</td>
<td>Hope Koulouvi</td>
<td>Kurt Landers</td>
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and their classes will be closed. A copy of this timetable was given to students on parade yesterday.

Junior Secondary Transition

This week we have had visits to Primary schools to discuss our Dingoes Academy and our Sport Scholarships for 2015.

An open invitation has been given to all year 7 and 8 students attending Urangan SHS in 2015 to join in our Dingoes Academy sessions which are held on Tuesday and Thursday mornings from 7:15am to 8:15am in the school gym. Parents are very welcome to come and watch.

Applications for a Sporting Scholarship were also given to interested students. These applications close on Friday November 28.

On Monday December 1 the school will be holding a Parent Information evening at 5:30pm in the Year 7 building (GD block). All future students and their parents are most welcome to attend this evening where final details for 2015 will be discussed and students will be able to meet their 2015 form teachers. If possible, their timetable for 2015 will also be provided.

Our Uniform Shop is open on school days between 8.30am and 10am. The phone number for the Uniform Shop is 4197 0116.

If you have any questions please feel free to contact either Brian Harrington (Year 8 2015) or Linda Buxton (Year 7 2015)

Second Hand Uniforms

The new uniform phase in period is almost complete and at the commencement of 2015, the only uniform allowed to be worn at Urangan State High School will be the new version. If you have any of the phased out uniform items for sale in the school’s uniform shop could you please come and collect them by Friday 12 December. Any second-hand second-hand uniforms Could we please place a mention in the school newsletter that anyone who has second hand uniforms in the uniform shop for sale (i.e. old version of the senior and junior polo’s; senior and junior skirts, senior blouses/shirts) need to collect them by Friday 12 December otherwise they will be disposed of. Canterbury shorts will still be held for sale. The P&C apologises that, through our best efforts, we were not able to sell your product.
Head Start Information Evenings

Head Start Information Evenings will be held this week on Wednesday and Thursday for any students who are interested in being a part of the program next year. They will be held at USQ Fraser Coast and USQHub@Maryborough. Please view the accompanying flyers for more information. If you require further information please contact Emma Molen on 4194 3142 or via email at emma.molen@usq.edu.au.

Parenting Tips

Parents often don’t know where to begin to have a ‘real’ conversation with their teenager. These questions can get you started. Rather than badgering your teenager with them, use one as the jumping off point for a two way conversation. Start by asking your teenager the question, and listen to the answer, remembering to reflect back what is being said so you understand.

Don’t shy away from expressing your opinion; as long as you remember not to lecture, children are often curious what parents think. The point is developing the habit of conversation and deepening your relationship. These questions also work well to launch family dinner conversations (reference: – Dr Laura Markham).

- If you could have a conversation with anyone in history, who would it be? Why?
- What would you want to ask them?
- What is your earliest memory?
- What are you most proud of?
- If you could change one thing about your appearance, what would it be?
- Is there anything about you that inspires other people in any way?
- What is your idea of an ideal day?
- If you were invisible where would you go and what would you do?
- What is a quality you wish you could have more of?
- If you could ask anyone for help, who would it be and why?
- What scares you the most and why?
- What makes you feel better?
- What do you worry about the most?
- What is your biggest goal this year?

Mannly Dubroy - Guidance Officer

Community News

Eating Disorder Group

Eating Disorder Support Group, Hervey bay. Phone Nancy 0498 965 728 or Sarah 0401 709 048.