10 March 2015

Principal’s Report

With the end of term in sight attention to upcoming assessment is quickly becoming the area of focus for students and staff. Parents/Carers can help their child by ensuring that they are familiar with their students “Assessment Calendar” as well as reading through their work and asking them to explain the criteria sheets. These simple strategies could assist in your child’s academic performance.

The Senior Subject Information Night last week for the Year 10 students and their families was another successful event where the important messages around the Senior Phase of Learning and in particular how to achieve a Queensland Certificate of Education were presented. As well as this information, subject specific information was made available to assist students in selecting subjects for semester 2 this year.

I had an opportunity to speak with our Senior School Captains. We discussed a range of topics including “What makes Urangan SHS a good school?” Although there was a long list of reasons, there was one common thing that stood out – the wide range of opportunities provided to students including sporting, cultural and community events. I would encourage all students to take the opportunities presented to them and I would like to acknowledge the staff who provide these great opportunities.

One of the key areas that the school is focusing on this year is student attendance. I heard Mr Christie speak about the correlation between student attendance and student achievement at the Senior Subject Information Night last week. There is no surprise that students who achieve well also have a high attendance percentage. Our school target for 2015 is at least 90% for all students. At present our attendance rates for term 1 are:

- Year 7 – 93.4%
- Year 8 – 91.5%
- Year 9 – 89.8%
- Year 10 – 89.3%
- Year 11 – 89.6%
- Year 12 - 89.3%.

We also need to be notified in writing if your contact details or the emergency contact details for your student have changed.

Change of detail forms are available from Student Services or from our school website.

Glen Robinson - Acting Principal

Microsoft Office 2013

Great news — all state school students can now download multiple free copies of the Microsoft Office 2013 Suite to their personal home and mobile computer equipment! Please take advantage of this marvellous opportunity, and if you need any help, come and see Mrs Kuzio-Barnes in the library.

Urangan SHS Fun-Run 2015

We will be holding an Adidas School Fun-Run as a major fundraising event this year. The event will be held on Thursday April 2nd in conjunction with the school cross country.

The School Fun-Run is a healthy, fun and active fundraiser that ensures we send the right message to our students about getting active, having fun and maintaining a healthy lifestyle. The main focus of this event is on participation. Family support is most appreciated as we encourage all students to get involved.

All students interested have received a Sponsorship Form to help collect sponsorship on behalf of the school. The funds raised will be used to purchase general sporting and fitness equipment.

We ask all parents to read the Sponsorship Form and sign the front page to grant permission for their child to fundraise and participate in this event. Students who raise just $10 or more will receive a reward for effort. In the Sponsorship Form you will also find many other benefits like the chance to win a family holiday to Disneyland!

Students wanting to track their progress, and use online fundraising, can do so by logging onto www.schoolfunrun.com.au/students and creating a Student Profile page.

Finally, we would like to welcome parents and family members to attend the School Fun-Run event day at the school on April 2nd to help cheer on the students.

Thank you, good luck and happy fundraising!

Peter Abra - Fun Run Co-ordinator
English Tutorials 2015

English tutorials will run again this year. This term we start with the basics: improving students’ understanding and use of punctuation, tense and word functions. Weeks 4, 5 and 10 will be dedicated to assessment. So if students require one-on-one help on their English assignments, they should attend tutorials during these times. Tutorials are free and run from 3-4pm in GC02 every Wednesday afternoon.

Junior Secondary Information

ACE Classes (Year 7, 8 and 9)

Any parents/guardians who missed the information evening and would like to be added to a parent email group to be kept up to date with information, please contact Stephanie Whitehead at swhit365@eq.edu.au. Thank you.

Uniform Shop

The Uniform Shop Opening Hours are 8:30am to 10:00am, Monday to Friday. All proceeds from the Uniform Shop go back to the school through the P&C. If your child has lost their hat and requires a new one, these are available through the Uniform Shop for $10. EFTPOS facilities are available.

Canteen

Volunteers are needed to help out in the Canteen. If you have some spare time and would like to contribute to your child’s education, come along and volunteer in the school canteen. Whether it be a full day or only a couple of hours, your assistance is greatly appreciated. For further information, please contact Tammy on 4197 0114.

P&C Meeting

The next P&C General Meeting will be held on Tuesday 10 March at 7:00pm in the Resource Centre. If you would like to have a say in the education your child receives at Urangan High, then come along and join the P&C. Hope to see some fresh faces as well as the current dedicated members there. For all enquiries, please do not hesitate in contacting Damien Symes (Secretary) on 4197 0204 or at pandc@uranganshs.eq.edu.au

A NOTE FROM YOUR SCHOOL PHOTOGRAPHER

Special Group Photos

Recently on photo day we took the following special group photos:

- School Captains
- House Captains
- Student Leaders
- Junior Leaders
- Concert Band
- Strings Ensemble
- Cheer Squad (formal)
- Cheer Squad (informal)

These presentations are an 8”x12” group photo presentation with the children standing together with names printed below.

These special group photo presentations are available for purchase for only $21 ea by collecting a special group envelope from the school office.

You have until the end of the day on Thursday, 2nd April 2015 to purchase at this price (orders placed after this date you will incur a $20 search fee as the images will then be archived).

Your school photo order will be delivered to the school in approximately 28 days.

If you have any questions or wish to discuss any aspect of your photo day experience with us, we would love to hear your feedback on 4921 3355 or by email at schoolphotos.cq@msp.com.au

Keep smiling!!

Clean Up Australia Day

Clean up Australia Day was held on Sunday 1 March. Over 40 volunteer students, staff and parents came together to clean up the foreshore and bike path from the Marina to the Pier. Enough rubbish was collected in this area to fill 4 wheelie bins. I would like to congratulate all who attended and thank them for their contribution to this worthy community campaign.

Clean Up Schools Day

Students participated in the Clean Up Schools Day campaign on Friday 27 February. During the first 10 minutes of Period 4, students worked side by side with their teachers to help pick up all of the rubbish throughout the school. No rock was left unturned with every piece of rubbish being collected. This campaign is run in conjunction with Clean Up Australia. The winning house was Baler with 100 points, followed by Cowrie with 90 points and Triton bringing up the rear with 80 points. Well done to all who participated.

Triton Celebrates

On Monday 2 March, the Triton House Captains planned and executed a celebratory parade for the success that the Triton House had at this year’s Swimming Carnival. Triton was victorious over Cowrie and Baler in the pool for the second
year running. During the parade, the house was introduced to the new War Cry in preparation for the Cross Country at the end of the term. The parade was finished with music, balloons, streamers and party poppers which proved to be a great way to celebrate. Triton won the Cross Country last year so the winning streak can continue. Let’s go TRITON.

Acoustic Night

It’s that time of year again….that’s right it’s ACOUSTIC NIGHT! Coming up on the 12th of March, students from Urangan State High School from year 7-12 will be showcasing their talent up on the big stage playing ‘acoustic’ instruments. The performances will start at 6:30pm in the PA. Prices are $5 per ticket or $12 for an immediate family and there will be lucky door prizes on the night! We would love to see you there supporting the performers!

Parenting Ideas

Everyone wants to be the best parent they can be, yet it can be confusing knowing just what to focus on. Here are seven ideas that reflect current trends and needs and will help you be on top of your parenting game.

1. Give the gift of restraint. Just because you can afford to give children what they want, doesn’t mean you should. Differentiate between a want and a need and encourage restraint, goal setting and saving.

2. Build your developmental knowledge. As a parent you need to keep an eye on kids current needs and preparing them for the next stage of development.

3. Reinforce self-regulation. Thanks for cleaning your room, thanks for helping with dinner. A child’s ability to self regulate behaviour is underrated and doesn’t come naturally to all children. That’s where consistent parenting using visual management and behavioural consequences comes in.

4. Practise digital parenting. The most tech savvy generation ever raised needs digitally aware parents. The internet is fun and it’s here to stay, but it can pose risks for some kids. Provide guidelines for safety without limiting children's opportunities to learn and communicate with the outside world.

5. Develop character strength in kids. Recent studies have found character, not cognitive ability, is the single most reliable determinant of how a person’s life will turn out. The traits associated with success include the inclination to persist at boring or difficult tasks, the ability to delay gratification and the ability to follow through with a plan.

6. Practise reciprocity. The best families, like most meaningful communities, are built around the principle of reciprocity. We help each other out and we treat each other fairly, builds belonging and forges greater kinship between siblings.

7. Encourage social risk-taking. One in three children are risk adverse when it comes to meeting new people and entering new social situations. Use a variety of strategies ranging from scaffolding (baby steps), practising meeting and speaking to new friends and modelling social risk taking yourself to encourage kids to continually refresh their social networks.

For further information please contact Mannly Dubroy, Guidance Officer USHS, 07 4197 0111

TEEL It! Essay Structure Hints

Hints for writing: use the TEEL approach to structure ideas so that they flow correctly. TEEL helps us to include important information in a logical way.

We Dig It!

Early on Wednesday, February 25, a team of Year 11 budding archaeologists travelled to the Abbey Museum, Caboolture. The 15 students were given the opportunity to experience a hands-on simulated Roman dig.

Each student was able to unearth artefacts from the Roman Age and the excitement of the finds superseded the back-breaking work involved.

By the end of the excursion, all students were exhausted but pleased with their day. The excursion linked into their current unit of Archaeology and allowed the students to gain a better understanding of the process of an archaeological dig.
Community News

Bay Power Australian Rules Football

2015 AFLWB Draw has been released with the first game on 18th April. The exciting points to look at include Reserves and U15 games against Maryborough, Senior games away at Maroochydore and Bribie Island and home to Gympie as well as a North-South game and an inter-league game for U14, U16, Women and Seniors against Darling Downs. Top that off with the ANZAC day games and the Grand Final at our home ground.

Under 13s will commence their pre-season Tuesday 10th March at 4pm for sign on, 4:30pm until 5:30pm training, for further information please contact Coach

Registrations are now open. Paying your Registration Fees on-line when registering is the preferred method.

All registration/membership fees for 2015 will include a club polo shirt. Registration fees are vital to ensure we are able to pay for player and public liability Insurance, league affiliation fees, umpire costs and the equipment needed to pay our matches.

Membership Fees 2015

Junior playing member (U9, U11, U13) - $125
Youth playing member (U15, U7) - $150
Senior playing member - $210
Family playing member - $310 plus $30 for every extra player
Social (non-playing) - $50

Webers Circus

This circus production is a touch of South America, showcasing the famous wheel of death, miniature ponies, performing dogs, Spanish web, hula hoops, clowns, silks, salsa dancing, Russian swing and much more!

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*Children 3 to 14 years
2 years and under can sit on adult laps for free
Cash sales only at the onsite ticket office, OR book online and pay by credit card

Stockland Bay Break Run, Swim & Walk Event 2015

Learn to Rock & Roll

Learn to Rock & Roll Dance Classes

6 Week Course
Starting Monday 16 March
4 Step Rock’N’Roll
$8 pp
Beginners Class 6:30pm
Social Dancing 7:30pm