Principal's Report

In earlier newsletters I mentioned that this year the school would be undertaking a school review. The last full school review was undertaken in 2011 and from it a number of key initiatives have been implemented. As such we are asking parents, students and members of the community to provide us with feedback; not just around what "has" and "is" happening within the school community but what the future looks like, as part of our strategic plan for 2016 - 2019. We ask that you complete the attached survey. As part of our review process we will also have a review by members of the School Improvement Unit. https://www.surveymonkey.com/r/L5GXBSD

Can I thank those parents and students who provided feedback around our school jumpers. These jumpers will be available to be purchased from the uniform shop no later than the start of term 3 for $38. As with the introduction of the rest of the school uniform we will see a transition period to allow parents time to purchase this uniform item or set up a payment plan for 2016.

Glen Robinson - Principal

Community Health Expo

On June 10th, the year 12 Health class will be hosting a Community Health Expo. This Expo will be aimed at three main health issues that affect Wide Bay residents - smoking, nutrition and physical activity and mental health wellbeing. The Expo will have information stalls, interactive displays, free health checks and activities all aimed at promoting a healthy life for residents of the Wide Bay. It will be held in the school gym on Wednesday 10th June from 9am to 11am. All members of the community are welcome to attend.

Senior Block Exams

Please click on the link below to view the senior block exam timetable. The exams will be held from Friday 19 June to Wednesday 24 June.

Year 7 2016 Come and Try Day

This year’s Come and Try Day for year 7 2016 enrolments will be held on Friday June 26th from 9:15am to 2:30pm. Students attending this day will have an orientation of the school and experience a sample of subjects on offer at Urangan State High School. Buses will be organised to transport your child to and from this activity.

Please be aware that an Enrolment Application MUST be submitted to our office BEFORE your child is able to attend the Come and Try Day.

Information relating to all student enrolments can be accessed by visiting the school’s website: www.uranganshs.eq.edu.au or

Subscribe to Online Newsletter! http://uranganshs.schoolzinenumailed.com/subscribe

Great state. Great opportunity.
contacting our Enrolment Management Officer on 4197 0150 or via email at enrolments@uranganshs.eq.edu.au.

Stymie

Stymie is an online tool which allows parents, students, teachers and members of the community to anonymously report bullying that they either hear about or witness in the school community. Research suggests that bullying is reported more often if it can be done anonymously. Urangan SHS has developed a partnership with Stymie to assist us to strengthen a culture opposed to bullying. If you want to have a look, visit stymie.com.au. There will be a parent information evening on Tuesday 14th July, with more information about the application. We are officially launching the online tool on Tuesday 14th July.

 Readers’ Cup Regional Final

Urangan State High School had two teams competing in the Wide Bay/Burnett Readers’ Cup which was recently held at Sandy Strait State School. Thirty four teams competed on their knowledge of the five books in this year’s tournament. Our two teams were Mia McWilliam, Ellie Harrington, Finn Hoffman, Connor Sloan and Latarni Thompson; and Paige Croker-Clarke, Mason Clarke, Lilyjayn Kelly and Jessica Bailey-Griffen. Both teams performed very well, and tied for third place. First and second place went to schools from the Bundaberg region. All students received a certificate and medallion. The day was finished off with an exclusive book launch by renowned author Kathryn Apel.

Wonders of Extreme Science

It's not every day you get to meet a Nobel Laureate. Dr Brian Schmidt won this prestigious prize for Physics in 2011 and last Friday gave one of the many inspirational speeches to three of our Year 10 students. Urangan High students were joined by 200 Queensland students and teachers at QUT in Brisbane for the Wonders of Extreme Science.

Dr Schmidt spoke of scientists as ordinary people doing extraordinary things because they try. “Science allows you to think about solving problems. We need to be able to outsmart robots by learning STEM subjects and taking up STEM careers”.

The students also heard from Dr Brody Foy, a 25 year old Brisbane resident with a PhD in Maths and a Rhodes Scholarship! Dr Gurion Ang, from University of Queensland, inspired them with the story of his passion for Entomology and how some insects are destroying our crops. Dr Allister Page, from the University of Newcastle, told us his own story of how he started his journey in science when he was fascinated by the colours produced when doing the Flame Test in Year 9.

Our students communicated with scientists such as Dr Geoff Garrett, Queensland Chief Scientist; Associate Professor Leigh Ward from the School of Chemistry and Molecular Biology UQ; plus a robotics research fellow, PhD students and a Mining Engineer.

Stimulating workshops such as Sustainable House and Engineering Our Future provided wonderful opportunities for the students to meet more scientists and participate in thought provoking hands-on activities. The afternoon session provided students with careers information from world leading mining and engineering companies Bechtel and Rio Tinto.

Six student speakers were invited to give a summary of their day. This gave Maddi the opportunity to tell the 200 students, teachers and university staff what activities the USHS group had done, favourite moments and what was learnt.

All students were inspired to continue their studies beyond school and university. Scientists generously gave their time to attend to inform the students that “whatever” is possible and to maintain their passion for what they want to achieve. A science degree has so many possibilities for future employment, further study and research beyond test tubes and lab coats – business, mining and engineering, environment, geophysics, agriculture, mathematics, biomedical science. Where could a career in science lead you?
ACE Excursion

The previously postponed ACE excursion has been rescheduled for Friday 19 to Saturday 20 June. Everything will run at the same times as the previous excursion. Please advise the school as soon as possible if your child cannot attend on the rescheduled dates so that a refund can be organised and a student on the waiting list can be offered the position.

P&C Trivia Night

The third annual P&C Trivia Night is being held on Saturday 13th June in the school gym from 7pm. Tickets are now available at Student Services for $10 per person or $60 per team of 6. The theme for this year’s night is Super Heroes. There will be a licenced bar and canteen facilities available. No BYO. If you don’t have a team of six, don’t worry, come along and join another table and meet new friends. Everyone has a great night.

If you have a business and would like to sponsor the evening in the form of lucky door and team prizes, $100 round sponsorships or gold, silver or bronze sponsorships please contact Damien Symes on 4197 0111. All contributions towards this event are greatly appreciated. Businesses that support this P&C Fundraiser are promoted in our school newsletter and on each and every table on the night. Round Sponsorship means that your business name is prominently displayed during the round on a projected screen and on the score sheets, as well as announced by the Quiz Master at the beginning and end of your sponsored round.

Funds raised from this event will assist the P&C in supporting the education of our students through creating and developing sustainable projects at the school. For further information, please do not hesitate in contacting Damien Symes, P&C Secretary, on 4197 0111.

Canteen Specials

As well as the usual menu, the canteen has an assortment of home-made specials as shown below. If you have any spare time and would like to volunteer at the canteen please call Tammy on 4197 0114.

- Mexican chicken enchiladas w sour cream
- Surprise muffins and slices every Wednesday
- Crumbed fish and chips w lemon
- Fruit salad
- Beef nachos w sour cream
- Pork san choi bai tortilla cups
- Sausage and vegetable hotpot
- Fettuccini carbonara
- Seasoned pork wraps w cheese, lettuce and sour cream
- Potato wedges w sweet chilli sauce and sour cream

English Tutorials 2015

English tutorials will continue to run in term 2. This term will focus on reading comprehension, sentences and improving vocabulary. Weeks 4, 9 and 10 will be dedicated to assessment. So if students require one-on-one help on their English assignments, they should attend tutorials during these times. Tutorials are free and run from 3-4pm in GC02 every Wednesday afternoon.

Parenting Tips

Parenting can be fun, exciting and logical. It often depends on the parenting experience and training. If ever in doubt about
parenting enrolling in a parenting class could help. Parenting classes prepare parents to make rational, logical choices and consequences.

When a child misbehaves, it is easier and less stressful if you have the skills to deal with any inappropriate behaviour. It helps to have logical consequences in mind, before the issue appears. There is no need for hitting, threatening or name calling. Managing inappropriate behaviours can and should be dealt with in a professional manner. Always stop and think and deal with the situation in a calm manner. Anger or any emotion is fine, it is the violence, name calling or threats directed toward a child that is unacceptable.

Think of any situation that does not include violence (name calling, refusal to follow directions, etc.), if the parent does not already have a logical consequence in mind, then calmly take the time to think of one. The child will be waiting in anticipation for what will be decided.

For example, if you want your child to stop name calling, it is time for a discussion on bullying and how name calling can hurt feelings and won’t be tolerated. The discussion might cover other forms of bullying, the effects and possible consequences. At the same time it would be good to decide on consequences that you all agree are fair and deserving. If the name calling persists, simply FOLLOW THROUGH with the consequence decided and agreed upon at the meeting. Following through is most important, false threats will soon fall on deaf ears. Consequences should always be logical if possible (logical – consequence related to the behaviour), if that is not possible, decide on a consequence that affects the child’s thinking. It is one of our jobs to help our child change their way of thinking and to change their way of behaving. Some appropriate consequences might include: removing technology (computer, Facebook, iPhone, etc.) or not allowing your child to watch a favourite television show or visit a friend. Consequences are best delivered immediately. Giving a consequence for more than 48 hours can be detrimental and ineffective.

There are an infinite number of consequences for inappropriate behaviour that a parent can utilise if they are aware and prepared. When you deal with inappropriate behaviours in a calm rational manner, your child will continue to respect and follow their parent’s directions.

Anxiety?

If you need help to deal with anxiety there is a self-help program for teenagers developed by Beyond Blue and the University of Queensland. It is a free interactive online application for prevention and treatment of anxiety. There is also a program for parents. Please go to the following link for more information: https://brave4you.psy.uq.edu.au.

Community News

Position Vacant – Tuckshop Convenor Sandy Strait State School

The Parents and Citizens Association of Sandy Strait State School are seeking to employ an enthusiastic self-motivated person to manage the school tuckshop operations. The position is on a casual basis each Wednesday, Thursday and Friday for 18 hours per week during school term with employment conditions in accordance with the P & C and Other Associations Retail Award.

The successful applicant will be responsible for the day to day operations of the Tuckshop as well as ensuring that the future business directions of the Tuckshop as determined by the P & C are carried out to ensure best practice in food service is provided to our students.

Application packages can be collected from the school office. Applications close 3pm Friday 12 June.

Come and Play Netball

Cosmos Netball Club is looking for players aged 7 to 16 to join now. All ability levels welcome. Call Sandy on 0407 576 543.

WEP Student Exchange – Learn and Discover the World!

WEP Australia is a not-for-profit student exchange organisation registered with the Education Departments in NSW, Queensland and Victoria. Applications for short and long-term programs commencing from November 2015 onward are open now. Students can choose from over 25 countries to live with a volunteer WEP host family and attend an overseas high school for a summer, semester or year. To request program information for your family, visit www.wep.org.au , email info@wep.org.au or call 1300 884 733.

Howard SS Boot Car Sale

https://brave4you.psy.uq.edu.au
FRASER COAST OUTRIGGER CANOE CLUB INC.
PRESENTS
AAANAA FRASER COAST
OUTRIGGERS
Bay Schools Challenge
Over a 200m Sprint Course
SATURDAY 20th JUNE 2015
www.fcoutriggers.com.au

RACES FOR:
Primary
Years 7-9
Years 10-12
Teachers

- Registration from 7am
- Races from approx 8:30 to 11am
- Club steers provided for all canoes
- 5 paddlers per canoe, min 1 female, max 1 AOCRA registered paddler
- Practice times are available on Sundays from now until the race day
- Spectators are available on Sundays from now until the race day
- Food and drinks available
- Bar open from 11am, Sunday
- Prizes for Best Dressed Team

FOR ENTRIES CALL: Mike 4128 2064, Brett (after hours) 0411 677 472
Presentations on the beach after final race.
Entries close on Friday 18th June so be quick!
FCOCC Compound opposite The Bay Apartments (377 Esplanade, Scarness)

FRASER COAST OUTRIGGER CANOE CLUB INC.
PRESENTS
AANAAA FRASER COAST
OUTRIGGERS
The Bay Business Challenge
Over a 200m Sprint Course
Open to all Businesses, Gyms, Social Groups and Clubs!
Enter a team and challenge other businesses!
7AM - 1PM SUNDAY 21st JUNE 2015
Official Opening of New Club Compound | www.fcoutriggers.com.au

- Registration from 7am
- Races from approx 8:30 to 11am
- Club steers provided for all canoes
- 5 paddlers per canoe, min 1 female, max 1 AOCRA registered paddler
- Practice times are available on Sundays from now until the race day
- Food and drinks available
- Bar open from 11am, Sunday
- Cost is only $10 per paddler
- Prizes for Best Dressed Team

FOR ENTRIES CALL: Mike 4128 2064, Brett (after hours) 0411 677 472

BRISBANE ROAR
ACTIVE PROGRAM

The Roar Holiday Clinic includes:
- 3 Hours of Football Fun with our Roar Coaches
- Pauls Roar Inflatable Fields
- Supporters Pack

Venue: HERVEY BAY ROAR FOOTBALL CLINIC
Dates: WEDNESDAY 9TH SEPTEMBER 2015
Times: 4:30PM - 7:30PM REGO AT 4:15PM
Grades: AGES 5 - 14 YEARS
Cost: $60 PER CHILD

The Roar Holiday Clinic is a unique way to learn from the champions and get active whilst having fun!

We offer highly skilled coaches and a structured program that caters to a variety of age groups and skill levels. Get in early to avoid missing out as numbers are limited.

Don't forget to bring a snack, water bottle, sunscreen, a hat and running shoes!

For enquiries please contact Rozanne on 0448 136 986 or rap@brisbaneroar.com.au