8 November 2016

Principal’s Report

This term has seen a range of awards ceremonies and I have enjoyed not only the celebrations at our school, but also at other high schools in our region. I am always impressed with the quality and achievements of young people and the inclusive nature of the schools, where students from all walks of life are recognised for their efforts and successes. State schools are certainly schools of excellence and at Urangan State High School our students definitely demonstrate that anyone can achieve with hard work, dedication, excellent teachers and family support.

Well done to all those who performed at Dance Night, a wonderful showcase of talent. I really reflected on the many hours students and teachers commit to practising and preparing for these events. The opportunities provided for students at this school are wide and diverse and provide activities to meet all needs.

Our year 12 students have very little time left now and I congratulate them on the years of work they have committed to and congratulate those who have achieved success. I encourage them to continue to focus on completion of classwork to the highest level, conduct reflecting their pride in themselves and their school community, and to continue to seek staff support to ensure their pathway beyond school is productive and fulfilling. I look forward to the graduation events.

Congratulations also to the outstanding success of students, especially those involved with Science and Writing competitions this term. These students make us very proud of them and are excellent models for others.

We are now preparing for 2017 and one of the changes of the future will be the implementation of NAPLAN testing online. The department is working with schools to ensure the best possible preparation for students. I encourage parents to provide students with a suitable device for classes, if they do not have one, so that they can use digital technologies and become proficient for future assessments. Mrs Johnston has advertised a very good value device for your consideration.

Best regards
Robin Rayner – Principal

Congratulations Denya!

Denya has won the Chinese Bridge Queensland State Champion at Queensland University of Technology in May 2016. She was sponsored to travel to China for the World Grand Final this October. Chinese Bridge (Chinese Proficiency Competition for Foreign College Students) is an international contest for foreign college students on their mastery of the Chinese language. This competition is hosted by Han Ban/Confucius Institute Headquarters annually and provides the opportunity for students to compete in China by demonstrating their Chinese language and culture skills through speeches and demonstrations of other talents. This year, Denya is representing Australia to compete with students from over 50 countries throughout the world. Denya is still in Yunnan, China at the moment. We will give our best wishes to her. Go Denya!
Old Second Hand Uniforms

With the year coming to a close, if you have a student in Years 9 or 12 who no longer require their uniform and you would like to sell it, the uniform shop is more than willing to sell it for you on consignment. As long as the uniform is clean, unstained and there are no tears just drop the uniform off to the uniform shop between 8:00am and 10:30am daily. Megan will register your uniform and then it will be taken to the second hand rack. When your uniform is sold, you will receive a cheque to the value of the uniform less $5 consignment. For more information please contact Megan on 4197 0116.

Year 12 Graduation

The Year 12 Graduation will be happening on Friday the 18 November at the Beach House. The Esplanade in front of the Beach House will be closed from 4:00pm with arrivals commencing from 4:30pm. The last arrival will be at approximately 6:40pm. Please feel free to come along and watch our fabulous students arrive in all their glitz and glamour. As the students arrive, they will walk down the red carpet and into the park opposite the Beach House. At 6:45pm we ask that all parents, family and staff form a guard of honour back across the road and into the Beach House. If you are thinking of attending and would like to have something to eat, please feel free to book a table down stairs at the Beach House.

Year 12 Last Week Alternative Activities

The Year 12’s last week is fast approaching. It is time to remind and inform parents of the alternative activities that will occur during this week. Monday 14 & Tuesday 15 November are normal school days where students are required to attend all classes. On Wednesday 16 November the students are required to attend a compulsory activities day at the Hervey Bay Sailing Club. Students will be there from 10:00am to 2:00pm. If students would like to join in the BBQ lunch they need to pay $5 at student services prior to the day. All students attending the Leavers Ceremony on Thursday 17 November will be attending a compulsory practice at the Baptist Church on Thursday morning. Students will depart from the front of the school at 9:00am by bus and will return at 1:00pm. No student is permitted to travel in private vehicles to or from the church. Students will be allowed to depart the school at 2:00pm to allow sufficient time to prepare for the ceremony that night. The Leavers Ceremony will commence at 5:30pm. Students are not required to attend school on Friday 18 November. The Year 12’s have allocated themselves an arrival time for the Graduation on Friday. Students are required to arrive at the All Purpose Park near The Seafront Oval at least 30 – 45 minutes prior to their allocated arrival time to allow for sufficient time for photos with their vehicles and to be organised into their arrival order. If you have any questions regarding the last week activities of the Year 12’s, please do not hesitate in contacting Damien Symes on 4197 0111.

Don’t forget to update your Centrepay details for 2017.

Don’t forget to update your Centrepay details for 2017.

You will need to advise the office if you would like to add a new student starting in 2017 to your current Centrepay agreement.

Kaleidoscope School Art Exhibition Official Opening

Kaleidoscope School Art Exhibition

2017 China Trip Information Evening

Thank you to all of the families who attended Thursday’s information session for our 2017 China Trip. It is a great opportunity for Chinese Language and Ancient History students. For those unable to attend, we discussed the following items:

- **Detailed tour Itinerary** - to be collected from Staffroom 7
- **Tour cost inclusions/exclusions** – information on the itinerary
- **Hotel Accommodation**
  - Twin/Triple share – students will request groupings prior to departure
  - Communication with home – Skype recommended as hotels have free wifi
- **Homestay component of tour** – three days
  - After school Chinese language lessons will be provided free of charge by the Confucius Classroom to students during Terms 1-3, 2017 to ensure that students have basic language skills to communicate with their homestay.
- **Tour will require a minimum number of students to be viable and will be capped at 30 students.**

There will be a Reserve list for students who pay after
the 30 limit is reached. For those on the Reserve List, hand in all forms, but no deposit will be taken. You will be contacted with the final decision.

- **Deposit payment to Student Services** with completed forms is due Friday 2nd December, 2016. This deposit will be fully refunded if the tour is deemed not to be viable. An email/contact will be made to all families who have paid a deposit to confirm that the trip is moving forward with its booking (before the end of the school year).

Please remember to submit:

- Permission form – with your best contact email
- Medical form
- Photocopy of either student a) passport details page or b) birth certificate
- Signed Code of Conduct form

- **Passports** - Must be valid for a minimum of 6 months from the date of travel (17th Sept, 2017). Evidence of application for passport required in Term 1, 2017, once tour confirmed.

- All students will be expected to have had high behaviour standards at USHS regarding their: attendance, behaviour and assessment completion. This will be taken into consideration when accepting students on the tour.

- **Code of Conduct agreement – collect from staffroom 7, sign and return to Student Services with deposit.** Students who significantly breach this agreement will be returned to Australia at their own costs.

- **Money in country** – more details will be provided during 2017 meetings

- **Travel insurance** – purchased at the same time as official money transfer to travel agency. Included in tour cost. Details of the insurance will be forwarded to those paying deposit for perusal.

- **Communication prior to departure** – Thursday evening meetings (3-4 throughout 2017) and emails. Please provide your most frequently checked email address on the permission slip when paying deposit.

- **Vaccinations** - Advised to seek recommendations from your Doctor in Term 1, 2017. Students travelling with prescribed medication – more details will be provided during 2017 meetings.

- **Smart Traveller** - China currently has a Level 1 rating – exercise normal safety precautions. All travellers will be recorded with Smart Traveller prior to departure.

Please ask your child to collect the information package from Staffroom 7 if you would like to express your interest in the tour. We are extremely excited to offer this amazing opportunity! If you have any questions, please don’t hesitate to contact Kimberly Vanzetta (HOD Languages and Humanities) kvanz5@eq.edu.au

### Parenting Tips

**MAKE SURE YOU CONNECT WITH EACH OF YOUR TEENAGERS EVERY DAY** alone, even if just for a short time. Being on hand when they get home is a sure way to hear about their day. If it is helpful, develop a ritual with your teenager, like sharing a cup of tea every night before bed while the two of you catch up. Don’t expect your teenager to invite closeness or volunteer emotions at each interaction, or when you expect it. However, if you set up enough regular opportunities to be together, it will happen.

Parenting Tips and Resources available from the Guidance Officer.

### PARENTS HAVE NEEDS TOO

As parents, a great focus of our time and energies is spent on ensuring that our children’s needs are met. We do this out of love for our children. Sometimes though, it is easy to forget our own needs. When this happens it usually leads to a feeling of discontent which certainly impacts on all members of the family. Many parents have common needs that, if fulfilled, will help greatly in the enjoyment of family life. Here are some suggestions:

- **Take time away from the kids** – Having time with your spouse or partner without the kids in your ear is very beneficial for your relationship. So too is personal time for yourself. We all have a need for privacy.

- **Enjoy your job** – As employment caters to financial security it is important it is something you enjoy. If you don’t then this will impact on not only your own health and well-being but your families as well.

- **Be healthy** – Look after your health through good eating habits as well as exercise. When you look good you feel good. As one needs to be a parent for a very long time (at least 18 years), being healthy makes the job easier. Exercise also helps the mental health. You can work through a lot of problems when you are on the go.

- **Take time to relax** – Take holidays when they are due (what really is the point of saving them if it eventually leads to stress from overwork). Use weekends well, they too are a time to relax and unwind. A relaxed parent is better able to enjoy the family.
Remember: We are all important. No one is more important than the next person. Just as children require their needs to be met so do parents. So, factor in time each day to meet your needs – Happy parents can only benefit the entire family.

From the Guidance Officer
Manny Dubroy

Junior Homework Club

Junior Homework Club is now running on Tuesdays and Thursdays during first break in GD01 for years 7 and 8. Help can be provided with any subjects and homework tasks or assessment tasks.

Urangan State High School Uniform Shop

The 2017 holiday opening hours from 9 - 21 January will be as follows:

Monday: 10am – 2pm  
Tuesday: 8am – 2pm  
Wednesday: 10am – 2pm  
Thursday: 10am – 6pm  
Friday: 10am – 2pm  
Saturday: 10am – 2pm

Community News

Aboriginal and Torres Strait Islander Health Checks

Have an Aboriginal and Torres Strait Islander Health Check & receive a free shirt! Urangan State High School will be running health checks each Tuesday from the 1 November 2016 between 9.30-2.30pm. Students please see Shane Nelson at Urangan State High School for a parent consent form and information package or contact Shane on 41970126 or email snels49@eq.edu.au

Examine hands on exhibits and apply the latest crime solving techniques to solve a murder

IBA (Indigenous Business Australia) will be holding individual interviews and provide information for anyone who may be interested in buying or building their home through IBA.

Where: Maryborough Aboriginal Housing Corporation & Cultural Development Shop 1 164 Bazaar Street, Maryborough QLD 4650  
When: Wednesday 9 November 2016 (Individual Interviews 30 minutes each)  
Time: 9.00am to 4.30pm

Richard Burton from IBA will be in attendance and be available for either general information or individual interviews. For further information and to book an appointment with Richard please call Elaine Bayles on 07 4837 0066, mobile 0458 604 283 or email elaine.bayles@iba.gov.au.

Position Vacant - Casual Canteen Assistant
Urangan State High School

Salary: $28.09 per hour (002.01)  
Key Duties: See attached Role Description  
Contact: Kacey Hannant  
To Apply: Submit a current resume to:

Private and Confidential  
Kacey Hannant  
Business Services Manager  
Urangan State High School  
PO Box 5100  
Torquay, QLD, 4655  
khann19@eq.edu.au

• Pursue an interest – Whether it be a leisure interest, friendship group or community involvement. Find time to do the things you enjoy.  
• Let others support you when you’re down – It’s often said you need a community to raise a child, but it is also true that the community can help you in this sometimes difficult task.  
• Educate yourself on being a better parent – Often our only model of parenting may have been what our parents did. It is worthwhile attending parent classes, seeking advice, talking to other parents to ensure you are well equipped for the challenges that children provide.
The Commission for Children and Young People Act 2000 requires the preferred applicant to be subject to a Working with Children Check. The applicant will also be required to undergo a criminal history check. Education Queensland actively supports and encourages workforce diversity and equity.

**My Future: My Life**

My Future: My Life is a ground-breaking initiative which encourages and supports Queensland secondary students with a disability to pursue their vision and goals for life after school.