**URANGAN SHS**

**JUNIOR SWIMMING CARNIVAL PROGRAM**

**Friday November 29, 2024.**

**Carnival Information:** Students wishing to compete for age champion will need to swim in the four (3/4) 50m events (backstroke, breaststroke, *butterfly* and freestyle) in their respective age group (age the student is in 2024). Age Champion groups area as follows: 12yrs Boys and Girls, 13yrs Boys and Girls, 14yrs Boys and Girls, 15yrs Boys and Girls. All points swim activities will be for house point only. Stall Gift challenge does not count towards house or age champion points.

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| **TIME** | **EVENT** | **OTHER INFORMATION** |
| **9:50-10:30am** | **Mark form rolls and bus to pool** | **At school by form teachers (PE staff to be covered)** |
| **10:30 – 10:40am** | **Team War Cries** |  |
| **10:40 – 11:10am**  | **50m Freestyle** | 12, 13, 14, 15 |
| **11:10 – 11:40am**  | **Noodle Relay**  | * Teams of 4
* Students must hold noodle
* 25m relay (person 2 and 4 to be in middle of pool on their noodle ready to go)
* 7G, 7B, 8G, 8B, 9G, 9B
 |
| **11:40 – 12:00pm** | **50m Backstroke** | 12, 13, 14, 15  |
| **12:00 – 12:20pm** **Points Swim** | **Points Swim** | 1 point per student per lap completedAll lanes available to use.(Must walk back to deep end on hill side of pool)Staff patrol required* No diving, bombs, flips

No sitting / playing on lane ropes. |
| **12:20 – 12:40pm** | **Ping Pong Pick Up** | * 5 students in a team
* All ping pong balls are thrown in the water (shallow end)
* Teams are to pick up ping pong balls and put them in team bucket
* Team with the most ping pong balls in the winner
* Bonus points for coloured ping pong balls (50 points)
* 7G, 7B, 8G, 8B, 9G, 9B
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| **12:30 – 12:40** | **Staff Change Over** | Staff swap over – morning staff to brief afternoon staff on the requirements of their duties. |
| **12:40 – 1:00pm** | **50m Breaststroke**  | 12,13,14,15 |
| **1:00 – 1:20pm**  | **Life Jacket Relay** | * Teams of 4
* Must swim with life jacket on and do life jacket up
* Swap at each end
* 7G, 7B, 8G, 8B, 9G, 9B
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| **1:20 – 1:30pm** | **50m Butterfly** | 12, 13, 14, 15 |
| **1:30 - 2:00pm** | **House Relay**  | * Teams of 4
* 7G, 7B, 8G, 8B, 9G, 9B
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| **Time Permitting** | **Teacher V Students Relay** | * Students to make 3 teams (1 from each house
* Teams of 4 (must be mixed)
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| **Time Permitting** | **50m Stawell Gift** | Fastest 8 females from freestyle race each other, Fastest 8 males from freestyle race each other (Mitchell or Pete to work out times) |
| **2:10pm** | **Presentations** | Age champion and house champions announced |
| **2:20pm** | **Buses depart pool** | 2 trips |
| **2:50pm** | **Complete pack up and depart.** | Everyone to help  |